# Age of Arousal: Linda Griffiths' Provocative Exploration of Power and Identity

In the realm of contemporary Canadian theater, Linda Griffiths' "Age of Arousal" stands as a seminal work, renowned for its unflinching examination of power dynamics, societal norms, and the complexities of human identity. This article delves into the play's intricate web of relationships, exploring its captivating characters, thought-provoking themes, and the lasting legacy it has left on the theatrical landscape.

#### A Synopsis of "Age of Arousal"

Set in 1950s Toronto, "Age of Arousal" centers on the lives of four women from vastly different backgrounds: Evelyn, a prominent psychiatrist; Meg, a working-class mother; Judith, a housewife consumed by domesticity; and Sylvia, a bohemian artist. As their paths intertwine, the play exposes the subtle yet pervasive ways in which power and societal expectations shape their actions and desires.



#### Age of Arousal by Linda Griffiths

★ ★ ★ ★ ★ 5 out of 5

Language : English

File size : 484 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Print length : 177 pages



At the heart of the play is Evelyn, a brilliant but troubled psychiatrist who grapples with her attraction to Meg. Her complex struggle with her own sexuality and the social stigma surrounding it forms a central thread in the narrative.

#### **Power Dynamics and Gender Roles**

"Age of Arousal" deftly explores the power imbalances that exist between men and women, as well as the expectations imposed on individuals based on their gender. Evelyn's position as a psychiatrist gives her a sense of authority, but her same-sex desires threaten to undermine her status and respectability.

Contrastingly, Meg, the working-class mother, faces a different set of constraints. Her economic dependence and societal pressures confine her to a life of domestic subservience. Sylvia, the bohemian artist, seeks to defy traditional gender roles through her unconventional lifestyle, but her choices come at a price.

#### The Impact of Trauma and Repression

The play delves deeply into the psychological effects of trauma and the ways in which individuals cope with it. Evelyn's childhood abuse and Meg's experiences with domestic violence leave lasting scars on their psyches, shaping their desires and relationships.

Griffiths masterfully weaves these threads of trauma and repression into the fabric of the play, creating a raw and emotive exploration of the human psyche. The characters' struggles with mental health and addiction become a reflection of the societal forces that seek to suppress and control.

#### **Critical Reception and Legacy**

"Age of Arousal" has received widespread critical acclaim since its premiere in 1985. The play has been praised for its insightful portrayal of complex characters, its unflinching exploration of taboo subjects, and its powerful depiction of the human condition.

The play has left an enduring mark on Canadian theater, inspiring countless productions and sparking important conversations about power, gender, and the boundaries of human identity. It continues to resonate with audiences today, offering a timeless reflection on the challenges and complexities of being human.

Linda Griffiths' "Age of Arousal" is a provocative and unforgettable play that delves into the depths of power dynamics, identity, and the human psyche. Through its exploration of complex characters and thought-provoking themes, the play has left a lasting legacy on the teatral landscape. Its unflinching portrayal of societal norms and the struggles faced by individuals in a changing world make it a timeless work that continues to challenge and inspire.

Whether you are a seasoned theater enthusiast or a newcomer to the world of drama, "Age of Arousal" is a must-see production that will leave a profound impact on your mind and soul.



Age of Arousal by Linda Griffiths

↑ ↑ ↑ ↑ 5 out of 5

Language : English

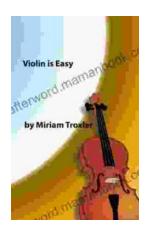
File size : 484 KB

Text-to-Speech : Enabled

Screen Reader : Supported

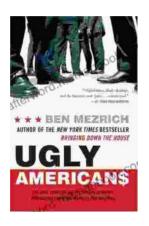
Enhanced typesetting : Enabled





## Violin Is Easy: A Comprehensive Guide for Beginners

The violin is a beautiful and enchanting instrument that has captivated musicians for centuries. Its rich, expressive sound can soar from delicate...



### The True Story Of The Ivy League Cowboys Who Raided The Asian Markets For.

In the early 2000s, a group of Ivy League graduates embarked on a daring adventure that would forever change the face of international finance. These young men, known as...